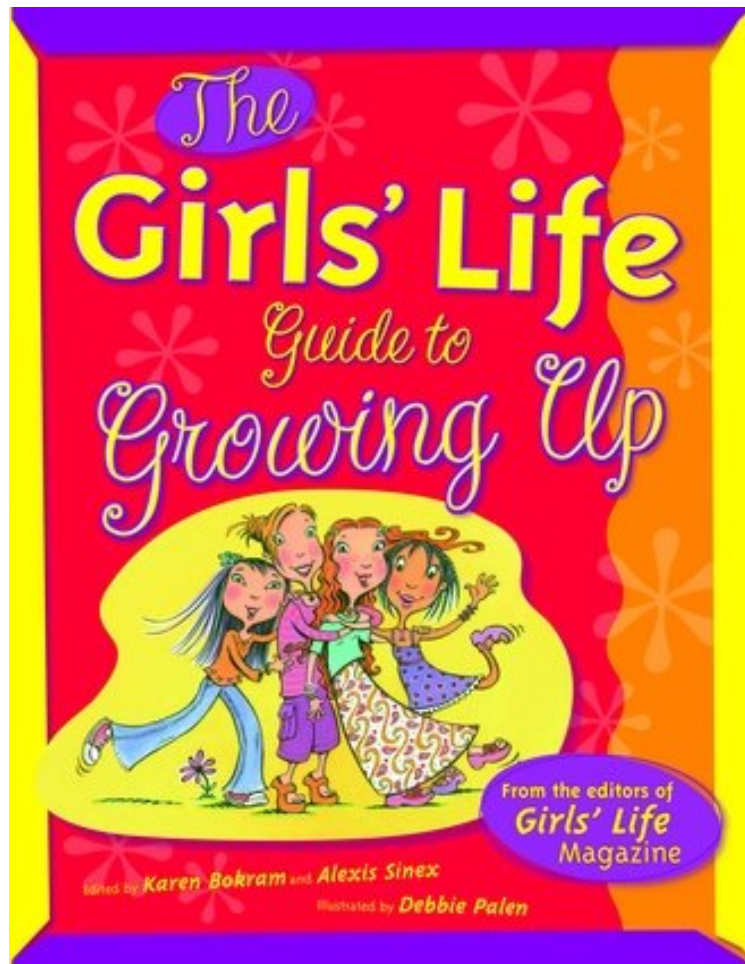


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## The Girls' Life (English Edition)

Von Karen Bokram

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**Von Karen Bokram : The Girls' Life (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Girls' Life (English Edition):

Kundenrezensionen Hilfreichste Kundenrezensionen 1 von 1 Kunden fanden die folgende Rezension hilfreich.  
GREAT Von K M Smith This book is really informative! Going throught life as a girl isn't easy! This book really helped me out during that time period. It discusses subjects from "All That" to Zits! It's a great book with a lot of helpful hints.

Kurzbeschreibung Hey, Girls! Ever deal with ... Sibs who drive you crazy? Battles with your best bud? Heart-breaking crushes? A bod that seems to have a mind of its own? Tough stuff at home? Confused yet? Don't be! The editors of

Girls' Life, the #1 magazine for girls, have rounded up the best growing-up advice there is and put it all into one place, The Girls' Life Guide to Growing Up. Fellow girlhood survivors share honest tips and offer real-life solutions to just about every growing-up problem you can think of. From the silly (but not to us!) to the serious, this book helps girls navigate the tricky waters of girlhood with their sanity, self-esteem, and sense of humor intact. She's All That - Or is She? All the myths of hangin' with the "in" crowd are busted by girls who have been there. What Kind of Smart Are You? Intelligence is more than a grade on a math test. Our quiz (not graded!) reveals your true talents. Gossip: Why We Do It and Why It Hurts Who started that rumor? Learn how to deal with gossip - especially when you're the target. Whose Body Is This, Anyway? Yeah, you're going through some crazy changes. Know what to expect and how to cope. " The Girls' Life Guide to Growing Up offers great advice on everything. This book is cool, real, and makes sense. You'll refer to it again and again." - CHARISSA

From School Library Journal Grade 7 Up-Based on frequently asked questions to Girls' Life magazine, this guide is a real winner. Bokram and Sinex cover the crucial areas of adolescent angst, including crushes, school, "YOU," "Your Body," and "the Tough Stuff" (moving, sexual harassment, grieving, eating disorders, parent problems, etc.). Each chapter features straightforward information about the challenges that girls face today. There are quizzes sprinkled throughout to determine such things as "Is He Crushworthy?" and "Can You Keep a Secret?" The sections on friends and family are particularly helpful. The tone of the entire book is upbeat and modern. Palen's quirky cartoons add humor and punctuate important points. While the table of contents is helpful, there is no index for easy reference. The only real weakness is the scant listing of 800 numbers and Web resources. Overall, a useful title that readers will find themselves coming back to again and again.

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Kurzbeschreibung Hey, Girls! Ever deal with ... Sibs who drive you crazy? Battles with your best bud? Heart-breaking crushes? A bod that seems to have a mind of its own? Tough stuff at home? Confused yet? Don't be! The editors of Girls' Life, the #1 magazine for girls, have rounded up the best growing-up advice there is and put it all into one place, The Girls' Life Guide to Growing Up. Fellow girlhood survivors share honest tips and offer real-life solutions to just about every growing-up problem you can think of. From the silly (but not to us!) to the serious, this book helps girls navigate the tricky waters of girlhood with their sanity, self-esteem, and sense of humor intact. She's All That - Or is She? All the myths of hangin' with the "in" crowd are busted by girls who have been there. What Kind of Smart Are You? Intelligence is more than a grade on a math test. Our quiz (not graded!) reveals your true talents. Gossip: Why We Do It and Why It Hurts Who started that rumor? Learn how to deal with gossip - especially when you're the target. Whose Body Is This, Anyway? Yeah, you're going through some crazy changes. Know what to expect and how to cope. " The Girls' Life Guide to Growing Up offers great advice on everything. This book is cool, real, and makes sense. You'll refer to it again and again." - CHARISSA