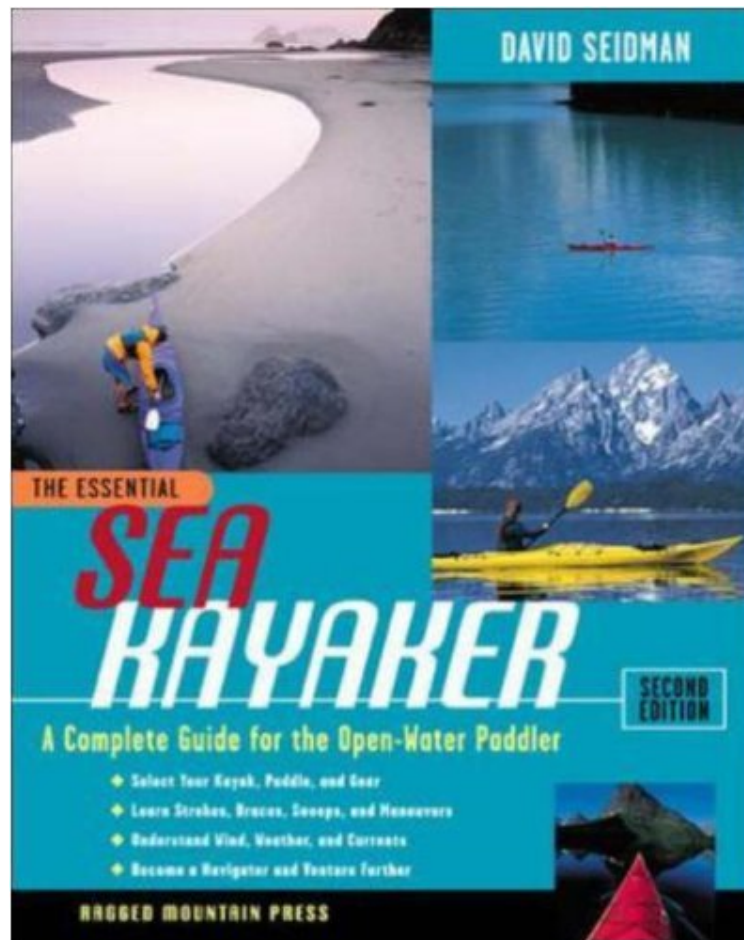


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The Essential Sea Kayaker: A Complete Guide for the Open Water Paddler, Second Edition: A Complete Guide for the Open-water Paddler (The Essential Series)

Von David Seidman

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Von David Seidman : The Essential Sea Kayaker: A Complete Guide for the Open Water Paddler, Second Edition: A Complete Guide for the Open-water Paddler (The Essential Series) before purchasing it in order to gage whether or not it would be worth my time, and all praised The Essential Sea Kayaker: A Complete Guide for the Open Water Paddler, Second Edition: A Complete Guide for the Open-water Paddler (The Essential Series):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Covers technique basic gear for beginner/intermediate.Von Ein KundeThis was the first book I bought after purchasing my kayak. It covers the gear you will need for paddling, safety and clothing. As well as discussing basic paddling and bracing strokes, a number of rescue techniques are covered, including the roll. Armed only with what I learned from

the 8 pages on the eskimo roll, I went out and had myself rolling in two days. The book also include a chapter on family and handicapped paddling. There is little coverage of extended or overnight trips. 0 von 0 Kunden fanden die folgende Rezension hilfreich. Very well written and informative Von Ein Kunde I got into sea kayaking after reading this book and it is all the author said and more. I've lent this book to a number of friends who are now also "hooked". This is an easy to read book, one that evokes the possibilities of kayaking along with information necessary to develop the confidence to make them happen. I highly recommend it to anyone considering this great sport. 0 von 0 Kunden fanden die folgende Rezension hilfreich. Exactly the sort of basic kayaking book I was looking for Von Ein Kunde This book is exactly what I needed to guide me through the kayak shopping and learning process. It begins with equipment basics to help you choose what's right for you and proceeds step by step through other basics of kayak ownership, use and transportation. I recommend it to all beginning kayakers and to anyone who's considering buying a kayak.

Kurzbeschreibung Expanded to include sections on seamanship, navigation, and health issues, the completely updated and redesigned new edition of David Seidmans bestselling guide reaffirms its reputation as the best sea kayaking guide available. A top-to-bottom introduction for novice and mid-level kayakers, this highly visual handbook provides kayakers with the whole scoop on everything from gear, transportation, and paddling technique to the finer points of Eskimo rolling, rescue protocol, group and solo paddling. Kurzbeschreibung Expanded to include sections on seamanship, navigation, and health issues, the completely updated and redesigned new edition of David Seidmans bestselling guide reaffirms its reputation as the best sea kayaking guide available. A top-to-bottom introduction for novice and mid-level kayakers, this highly visual handbook provides kayakers with the whole scoop on everything from gear, transportation, and paddling technique to the finer points of Eskimo rolling, rescue protocol, group and solo paddling. Synopsis Discusses boats and gear, paddle strokes, maneuvers, group paddling, introducing children to the sport, and kayaking for the physically challenged.