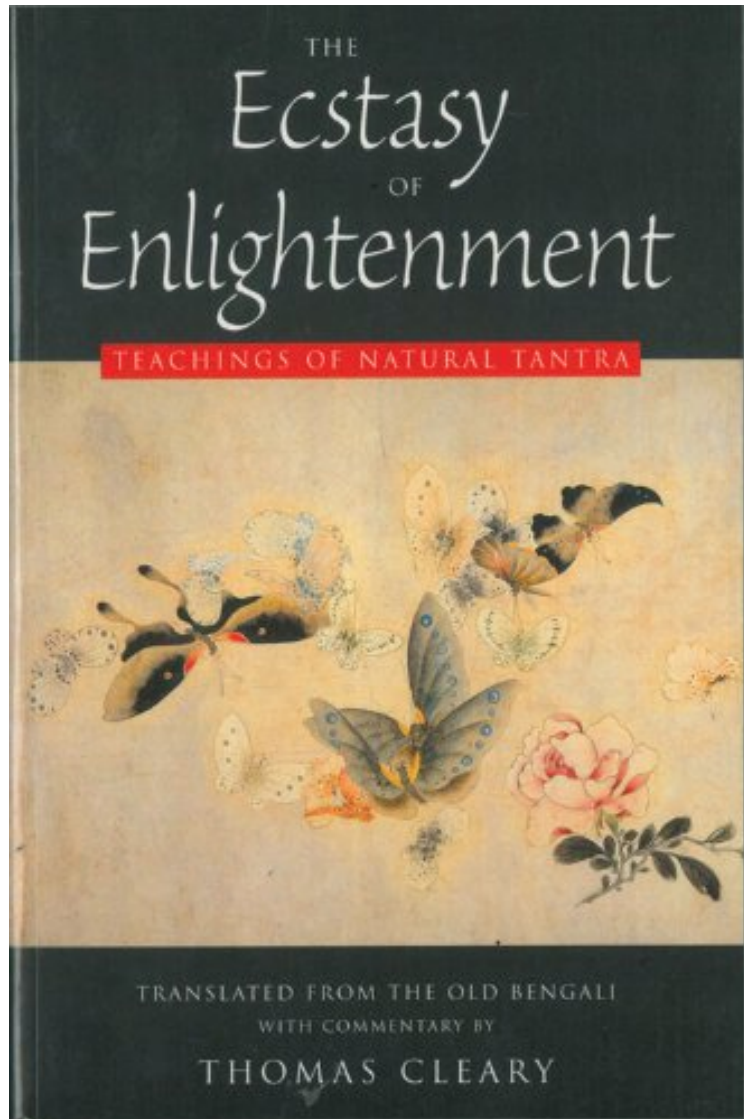


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# The Ecstasy of Enlightenment: Teaching of Natural Tantra: Teachings of Natural Tantra

Von Thomas Cleary

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**Von Thomas Cleary : The Ecstasy of Enlightenment: Teaching of Natural Tantra: Teachings of Natural Tantra** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Ecstasy of Enlightenment: Teaching of Natural Tantra: Teachings of Natural Tantra:

Kundenrezensionen Hilfreichste Kundenrezensionen 0 von 0 Kunden fanden die folgende Rezension hilfreich. YES! YES! YES! Von j Hopefully neither the title of the book, nor the title of the review fooled you. This is NOT another

sex-by-the numbers tantra exploitation book. It is a Thomas Cleary translation - and that means clarity, intensity, subtlety, depth, and vast practical erudition. This is the first translation and explication of the Caryā Gīta that I can recommend. Why? Because it is the only one that combines poetic sensitivity to the flow of verse; subtle appreciation for the underlying meaning; pragmatic experience of the states, stages, and stations indicated; and extensive knowledge of the technical terms and symbols employed. It would seem that the Tantric Siddhas of Old Bengal have finally found their way back into our hearts and minds . . . mine anyway.

**Kurzbeschreibung** The Ecstasy of Enlightenment is an inside look at the spiritual world of Tantra--one of the most sophisticated, alluring, and controversial forms of Buddhism. Cleary unlocks the mysteries of the Caryā-Gīti, a collection of teachings by more than twenty famous Siddhas, or Tantric adepts, who lived during the illustrious Pala dynasty of old Bengal. These teachings emanate from one of the most dynamic sources of international Buddhism, at the height of its religious development, and as such, they are completely nonsectarian. Particularly noteworthy is Cleary's demonstration of the parallels between Tantric Buddhism in Old Bengal and the original Zen Buddhism of China.

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