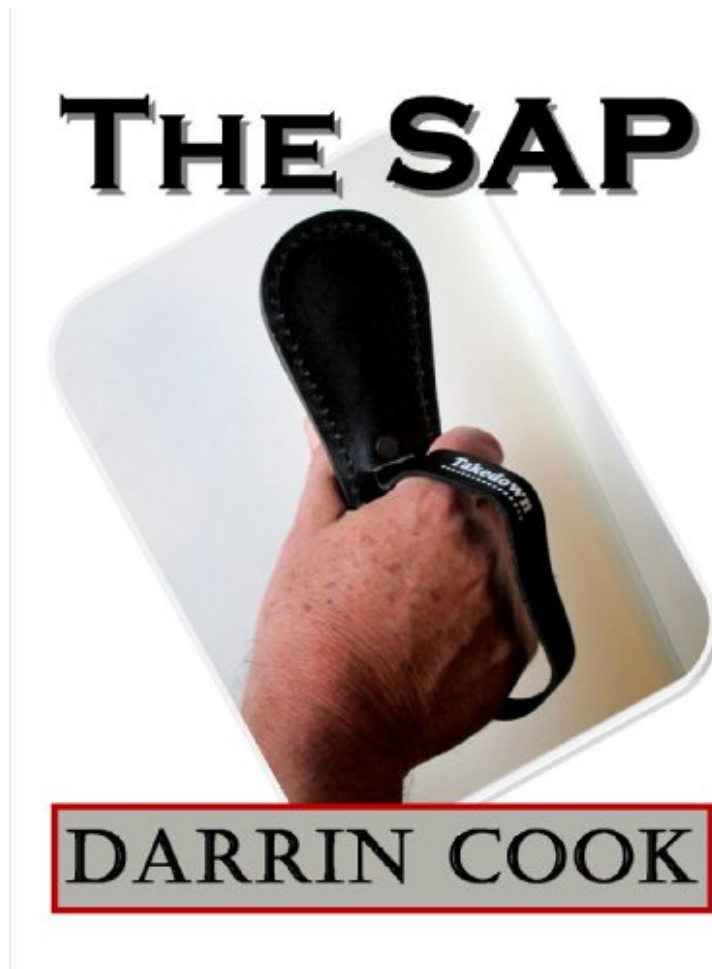


(Mobile ebook) The Cook Method of the Sap for Law Enforcement and Civilians (English Edition)

The Cook Method of the Sap for Law Enforcement and Civilians (English Edition)

Von Darrin Cook

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Von Darrin Cook : The Cook Method of the Sap for Law Enforcement and Civilians (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised The Cook Method of the Sap for Law Enforcement and Civilians (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Nice, interessting and entertaining !!!Von Mr. MagnusO.K. this as the third book I read from Mr. Cookand I really liked it.All his books are interesting to read, you get nice ideas and they are all entertaining !Which each book you get some video links to see the techniques working and all of them are based on the same principles. So if you read one book and start training you will find it easy to read the others and learn the techniques !!I dropped one star because the use of a SAP can't be really recommended in a lot of countries because of the law. But in general the ideas behind it are

great and you can use some other things instead. Also the idea of looking good for a camera is quite important if something which begins as self-defence ends in a court ! I like his ideas of improving Escrima to the today use, just because I trained a style of Arnis for some years !!! I also recommend to read his other books !

Kurzbeschreibung The sap is an old school law enforcement tool that has fallen into disuse. Yet make no mistake about it, the sap and similar weapons such as the short club and the blackjack are devastating when used correctly. In The Cook Method of the Sap for Law Enforcement and Civilians you will learn a simple method of self-defense with the sap that is designed for maximum effectiveness without resorting to excessive force. The Cook Method of the Sap for Law Enforcement and Civilians explains--the history of the sap in law enforcement--highlights of the Lamb Method for police impact weapons--guidelines for proper, legally defensible use of impact weapons--the case for adoption of the sap by law enforcement agencies--how to protect yourself and your reputation when the cameras are rolling. The Cook Method of the Sap for Law Enforcement and Civilians is photo-illustrated and contains embedded links to video tutorials.

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