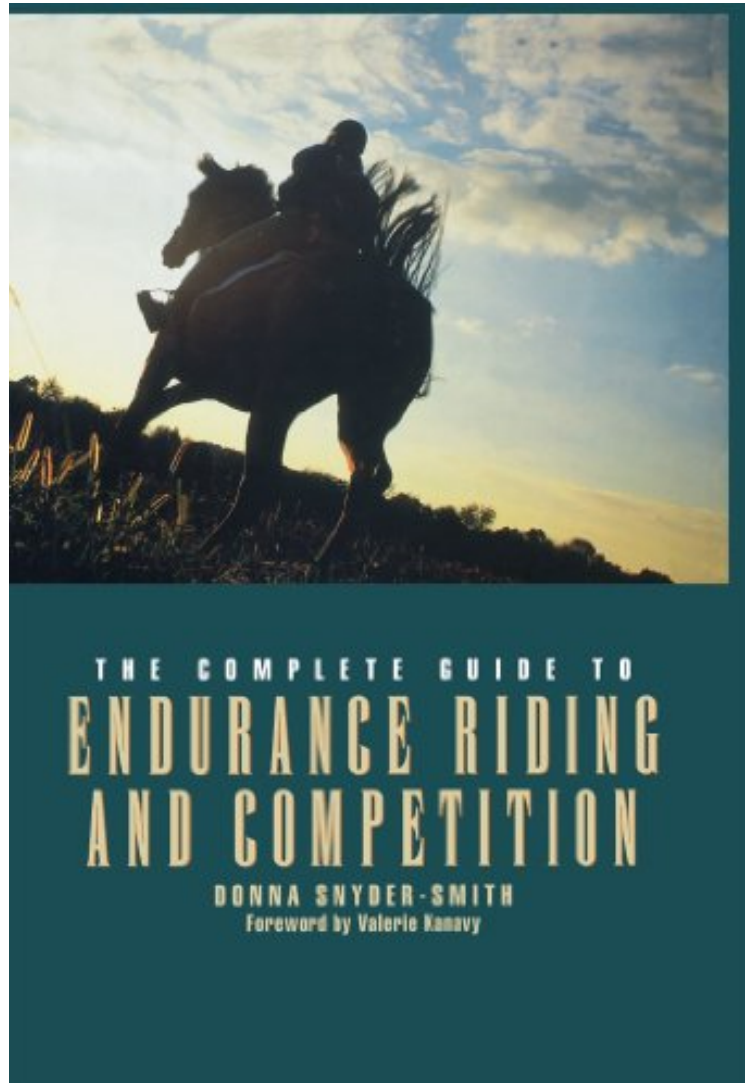


[PDF] The Complete Guide to Endurance Riding and Competition (Howell reference books)

The Complete Guide to Endurance Riding and Competition (Howell reference books)

Von Donna Snyder-Smith

*Download PDF | ePub | DOC | audiobook | ebooks



DOWNLOAD



+

READ ONLINE

Produktinformation - Verkaufsrang: #1633140 in eBooks Veröffentlicht am: 2008-05-05 Erscheinungsdatum: 2008-05-05 File Name: B00F3BD3NW | File size: 55.Mb

Von Donna Snyder-Smith : The Complete Guide to Endurance Riding and Competition (Howell reference books) before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Complete Guide to Endurance Riding and Competition (Howell reference books):

Kundenrezensionen Hilfreichste Kundenrezensionen 0 von 0 Kunden fanden die folgende Rezension hilfreich. How to ride far and fast on a healthy horse Von Ein Kunde Want to feel good, cover a lot of ground, and enjoy a real sense of accomplishment? And spend a lot of time with your horse? Then read this book. Endurance riding (strictly speaking,

going 50-100 miles a day across the countryside for 1-5 days on or with your horse) should not be attempted unless you and your horse have some basic training, including physical conditioning, but with the right approach almost anyone can do it. Donna shows you how, from basics to true competition (not only how to reach the finish line in one piece but how to be one of the first arrivals on a horse that is ready and able to keep going). There are a number of books offering advice on endurance riding, and most provide valuable information, but I find this one the best starting point. Besides covering the fundamentals found in almost every endurance book, Donna offers exercises for you and your horse that help you both to finish without being cramped, exhausted or otherwise unfit to continue (I can testify to this!). She also injects many nuggets of wisdom from her extensive personal experience. Finally, the format includes many helpful diagrams, illustrations, photos, boxes, summaries, lists and references that get the necessary concepts across much better than plain words in a paragraph, which makes for easier reading and quicker comprehension. My only complaint is that the book is too big to fit in my saddlebag.

1 von 1 Kunden fanden die folgende Rezension hilfreich. Read and Live (comfortably) Von McCarthy Law Offices I trained with the Ms. Snyder-Smith and worked with Ms. Kanavy in a week long clinic, and I can say unequivocally that the two practice all they talk about in the book. If you want to learn the basics of endurance riding, horse and human biomechanics, and just soak up some real state of the art saavy, Donna Snyder Smith and Valerie Kanavy are the ticket!

0 von 0 Kunden fanden die folgende Rezension hilfreich. Great Resource for Every Rider Von Kim Schiavone This book gives a good, solid foundation to the sport of endurance riding, and for every rider who wants a horse at its' prime. I am just starting in the sport and this book tells you where to start and how to prime your horse and get it ready for the competitions ahead. Through this book, I have broadened my knowledge of both the sport and how to work with a horse to get it in its best condition. The author includes valuable tips, exercises and pictures which demonstrate what you need and how to use them. I highly suggest this book for anyone interested in getting started with endurance riding.

Kurzbeschreibung First Star to the Right and Straight on Till Morning.... At the 90-mile vet check she sat in the middle of the road crying, claiming extreme illness and trying to avoid her nightmarish fears her horse would die of founder or colic, or anything. The last ten miles of trail stretched forever in her mind, black like licorice taffy. After a large measure of TLC from her patient and understanding crew, she and the gelding were out of the check and on the trail again. The entire universe shrank to center on the pair in the moonlight. Time stopped and the world faded into nothingness. They were running in a small, ever-changing pocket of existence, the rhythm of his hooves, the heartbeat of that universe. Ribbons and trail appeared before them and lost substance as they moved past. For the rider, clinging to the saddle, there was no thought, no pain, no emotion, only the instinctive drive to chase past each ribbon as it appeared. Suddenly her horse jumped sideways, eyes and ears frozen forward. Awakened from her trance, she oriented herself on his suspected woods troll, a familiar embankment that meant they were a half-mile from home. Easing him past the scary object, she sent the gelding on, clinging to his neck. As his soft lope swept them across the finish line, she wanted to laugh out loud or cry, but was unable to summon the strength for either. A few small tears trickled down her cheek, the only sign of the enormous pride she felt inside. Becky Huffman Endurance rider, wife, mother of two, and student of author Donna Snyder-Smith

The Howell Equestrian Library.de Whether you're saddled and ready for the dynamic new sport of endurance riding, or more content to lope down a pretty country lane, this thorough guide provides plenty of updated information to keep horse and rider on the right path. While it's most suited to the endurance rider, the author covers training procedures (conditioning, feeding, equipment) that are also useful to noncompetitive equestrians. Photos, drawings, and charts accompany the straightforward text.

Kurzbeschreibung First Star to the Right and Straight on Till Morning.... At the 90-mile vet check she sat in the middle of the road crying, claiming extreme illness and trying to avoid her nightmarish fears her horse would die of founder or colic, or anything. The last ten miles of trail stretched forever in her mind, black like licorice taffy. After a large measure of TLC from her patient and understanding crew, she and the gelding were out of the check and on the trail again. The entire universe shrank to center on the pair in the moonlight. Time stopped and the world faded into nothingness. They were running in a small, ever-changing pocket of existence, the rhythm of his hooves, the heartbeat of that universe. Ribbons and trail appeared before them and lost substance as they moved past. For the rider, clinging to the saddle, there was no thought, no pain, no emotion, only the instinctive drive to chase past each ribbon as it appeared. Suddenly her horse jumped sideways, eyes and ears frozen forward. Awakened from her trance, she oriented herself on his suspected woods troll, a familiar embankment that meant they were a half-mile from home. Easing him past the scary object, she sent the gelding on, clinging to his neck. As his soft lope swept them across the finish line, she wanted to laugh out loud or cry, but was unable to summon the strength for either. A few small tears trickled down her cheek, the only sign of the enormous pride she felt inside. Becky Huffman Endurance rider, wife, mother of two, and student of author Donna Snyder-Smith

The Howell Equestrian Library