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Von Musashi Miyamoto
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Von Musashi Miyamoto : The Book of Five Rings (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised The Book of Five Rings (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. DONT BUY THIS BOOKVon MiroslavExcept for the cover picture, this book has nothing to do with the Title !!! It contains some weird "letters" which I didn't bother to read. Seems to be a fraud to me0 von 0 Kunden fanden die folgende Rezension hilfreich. Genius autor.Von KundeOne of the best books i have ever read,but i mainly read it for the spiritual part and the tactics , not the actual techniques.0 von 0 Kunden fanden die folgende Rezension hilfreich. Essential for martial artistsVon Ein KundeI tend to agree that the business applications of this brilliant volume are a bit exaggerated. Musashi was a martial artist, and although the lessons of anyone successful in their craft can apply to many facets of life, this book primarily concerns swordsmanship and military tactics. Clearly, Musashi emphasizes

numerous times that there are no amazing secrets, profound philosophies or special techniques that will help you achieve victory--there is only the mastery of the basics and a deep understanding of yourself and your opponent. And, he also concedes, a natural inclination for any given profession is essential. As a martial arts text, this work is timeless--on par with the classical poems of Taijiquan. For martial artists, the lessons laid out by Musashi need to be pondered, put into practice, and pondered again.....

Kurzbeschreibung Miyamoto Musashi's Go Rin no Sho or the book of five rings, is considered a classic treatise on military strategy, much like Sun Tzu's The Art of War and Chanakya's Arthashastra. The five "books" refer to the idea that there are different elements of battle, just as there are different physical elements in life, as described by Buddhism, Shinto, and other Eastern religions. Through the book Musashi defends his thesis: a man who conquers himself is ready to take it on on the world, should need arise..deTo learn a Japanese martial art is to learn Zen, and although you can't do so simply by reading a book, it sure does help--especially if that book is The Book of Five Rings. One of Japan's great samurai sword masters penned in decisive, unfaltering terms this certain path to victory, and like Sun Tzu's The Art of War it is applicable not only on the battlefield but also in all forms of competition. Always observant, creating confusion, striking at vulnerabilities--these are some of the basic principles. Going deeper, we find suki, the interval of vulnerability, of indecisiveness, of rest, the briefest but most vital moment to strike. In succinct detail, Miyamoto records ideal postures, blows, and psychological tactics to put the enemy off guard and open the way for attack. Most important of all is Miyamoto's concept of rhythm, how all things are in harmony, and that by working with the rhythm of a situation we can turn it to our advantage with little effort. But like Zen, this requires one task above all else, putting the book down and going out to practice. --Brian BruyaFrom Library JournalWritten by legendary Japanese swordsman Musashi, this 17th-century exposition of sword-fighting strategy and Zen philosophy has been embraced by many contemporary readers, especially business school students, as a manual on how to succeed in life. There are many English translations, but every one, including this one, suffers from inadequate cultural, literary, and philosophical commentary. Musashi's work should be studied, not simply read, and Cleary's translation lacks commentary; it also makes the prose seem flat and the philosophy simplistic. Yet what makes this new translation worthwhile is the second text, buried deep in the back like an appendix: Yagyu Munenori's The Book of Family Traditions on the Art of War. This text, also an exposition on sword fighting and Zen philosophy, is difficult to find in an English translation, and its availability is welcome. Recommended for academic libraries generally.- Glenn Masuchika, Chaminade Univ. Lib., HonoluluCopyright 1993 Reed Business Information, Inc.