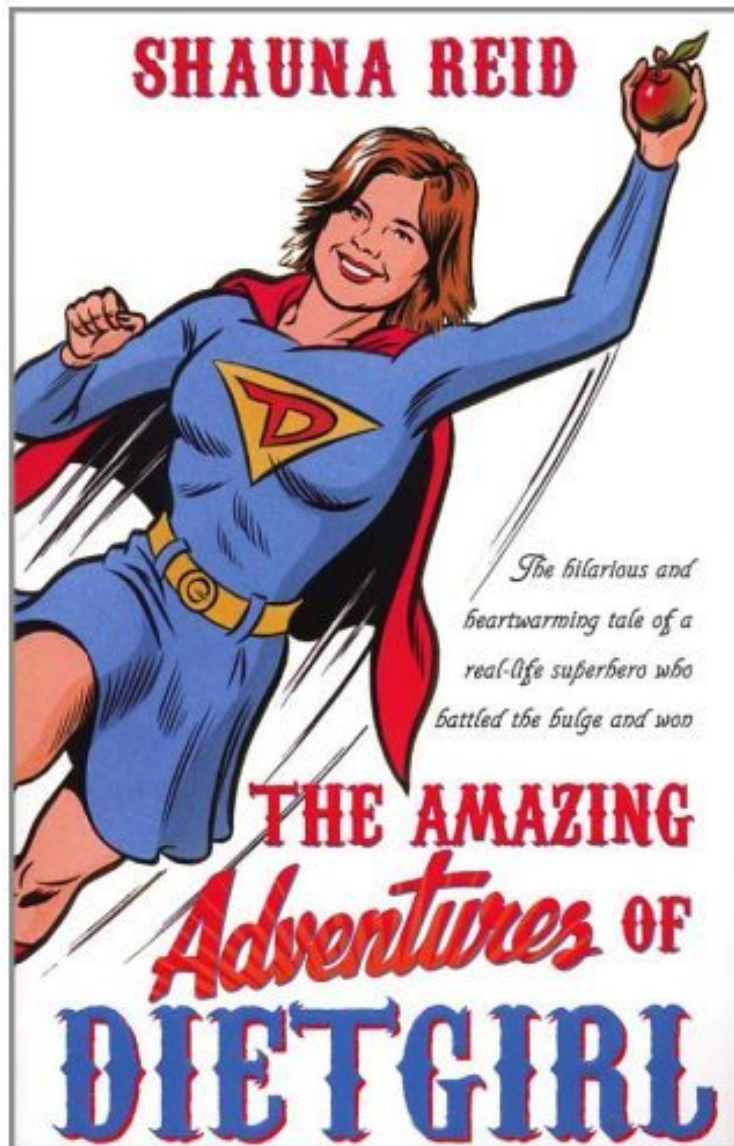


(Free and download) The Amazing Adventures of Dietgirl

The Amazing Adventures of Dietgirl

Von Shauna Reid

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Von Shauna Reid : The Amazing Adventures of Dietgirl before purchasing it in order to gage whether or not it would be worth my time, and all praised The Amazing Adventures of Dietgirl:

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. go, shauna, go!Von JaraliA beautifully written memoir. Every woman can relate to Shauna Reid and her weight problems, even if not every woman has to battle quite so many pounds. Shauna writes with wry humour. I just loved it from

beginning to end!0 von 0 Kunden fanden die folgende Rezension hilfreich. One of the Books you can read again and again Von Christine Said This not only a book about a personal success. The very nice author has lost more than 80 Kgs!!! It's a tremendous fun to read and you are going to feel with her and her family and friends on her long way to personal Happiness. On the way she's is finding the courage to switch countries and get her Mr. Right. A book full of life, which is making also it's readers feeling better and have a different look on fat persons.

Kurzbeschreibung In January 2001 Shauna Reid was twenty-three years old and twenty-five stone. Determined to turn her life around, she created the hugely successful weblog The Amazing Adventures of Dietgirl and, hiding behind her Lycra-clad roly-poly alter-ego, her transformation from couch potato to svelte goddess began. Today, 8,000 miles, seven years and twelve-and-a-half stone later, the gloriously gorgeous Shauna is literally half the woman she used to be. In turn hysterically funny and heart-wrenchingly honest, The Amazing Adventures of Dietgirl follows the twists and turns of Shauna's lard-busting adventure as she curbs the calories and learns to love the gym. There are travel tales from Red Square to Reykjavik, plus romance and intrigue as she meets the man of her dreams during a pub quiz in Glasgow. As her UK visa rapidly runs out, will she be deported back to Australia or will love triumph? Entertaining and action-packed, this is the uplifting true story of a young woman who defeated her demons and conquered her cravings to become a weight-loss superhero to inspire us all. Pressestimmen A buoyant, funny, and immensely likable romp--for readers of all sizes. (4 stars) (People) Bookstores are fat with diet tales, but Reids stands out. Shes an entertaining, endearing writer - funny, humble, honest, wise, and best of all, compassionate. (Minneapolis Star Tribune) Werbetext A hilarious and heartwarming tale of a real-life superhero who battled the bulge and won.