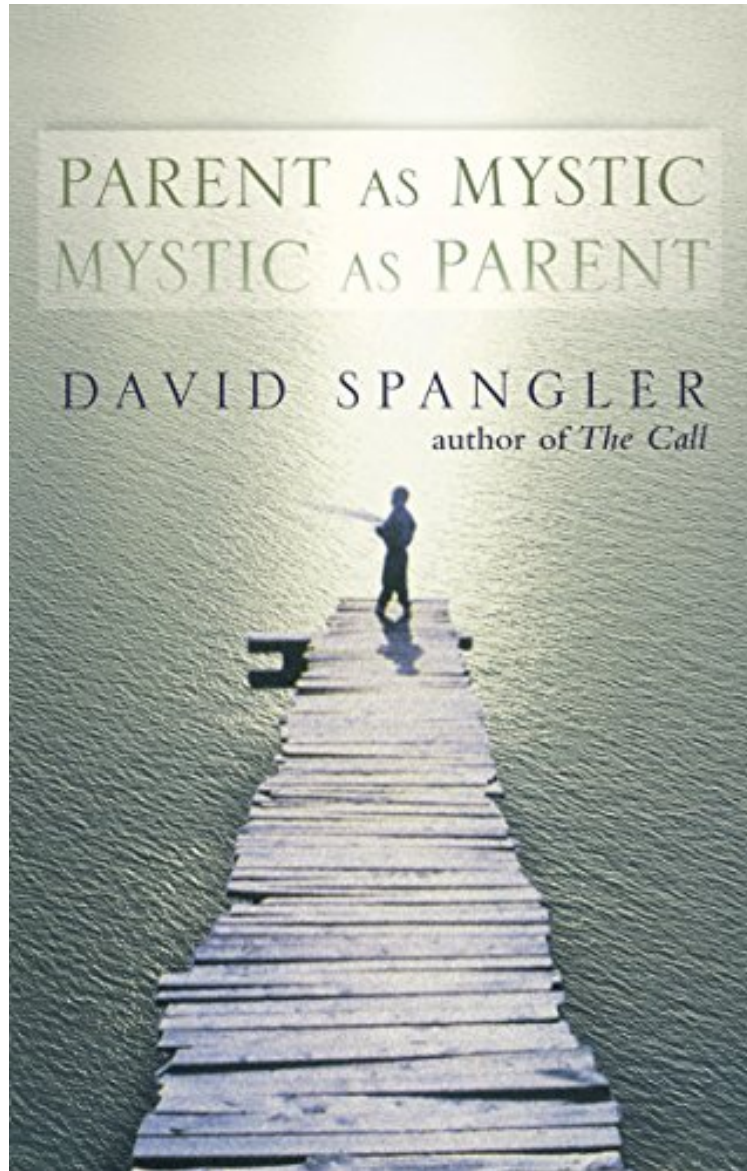


(Mobile pdf) Parent as Mystic, Mystic as Parent

Parent as Mystic, Mystic as Parent

Von David Spangler

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Von David Spangler : Parent as Mystic, Mystic as Parent before purchasing it in order to gage whether or not it would be worth my time, and all praised Parent as Mystic, Mystic as Parent:

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. Invites us to be mystics in midst of ordinary tasks.Von Ein KundeSome books challenge classification. Is this book meant for parents? Most definitely! But it's also for all those seeking to live as mystics in the everyday reality of our lives. And

whether one is a parent or not, this wise, delightful, reflective and unpredictable little book offers a perspective which may forever alter the way one thinks of parenting and being a mystic. While I am not a parent, I AM a doting aunt, bountiful fairy godmother, proud great aunt, and occasionally, a weekend substitute for my parent friends when they travel. So I too found myself laughing at some of David Spangler's hilarious tales of the adventures of parenting and moved by his vision of the mystical nature of parenting. What he is saying is that one may touch into the heart of God or the Oneness or the Mystery in the very midst of our ordinary moments. And how better to do that than to walk through the days of a parent who chooses to find the sacred amidst diapering, carpooling, comforting and all the daily crises and celebrations that define parenting? I particularly love it when I am challenged to look at a common reality as in the chapter "Aliens". The author suggests we view children as though they were aliens we were in a "first contact" situation. Would that change our attitudes to ones of respect, listening and co-operation? It reminded me of the sense of privilege I feel when I am invited into a child's world if only for a short while. And I think my favorite chapter is the one called "Laps". "A lap is a parent's best friend, a tool of transformation that would make any magician green with envy." Laps are places of calm, centering, safety and love - and always potentially available. How would it be to imagine ourselves holding each other, ourselves, the world - even God - on our "laps"? As the author says, "to discover God, make a lap!" The language throughout is simple, poetic and warm with vivid images and lots of gentle humor. There is an overwhelming sense of compassion for and identification with the struggles of exhausted parents as well as a sheer delight in the unfolding sense of miracles which children are. So my recommendation: read this book - whether you are a parent or a friend of a parent, or a metaphorical parent to your work, your community, the world. Give this book to your friends who are parents, and your friends who are struggling to be mystics. Keep one on your bedside table. And - make a lap!

0 von 0 Kunden fanden die folgende Rezension hilfreich. Wish I had read this excellent book when I was a parent! Von Ein Kunde I bought this book at a conference to give to my daughter who is a new parent, and ended up reading it myself. I'm glad I did! It is an excellent book which leads you into surprising depths in a very warm and witty way. I wish I had had the benefit of Spangler's insights and philosophy when my children were all at home, but I found the teachings in this book are every bit as applicable and useful to me now as a person pursuing a spiritual path as they would have been when I was more actively parenting. This book is a wonderful discovery, and I intend to keep my copy for myself and get another for my daughter and now for my son as well, who is single!

0 von 0 Kunden fanden die folgende Rezension hilfreich. Inspirational for parents Von Ein Kunde This book is a sweet reminder that being a parent and having a spiritual practice are not mutually exclusive paths. David's warmth and wit are pure inspiration, reminding us of the supremely important work of shaping the future--otherwise known as parenting.

Kurzbeschreibung Writer, mystic, and father of four, David Spangler understands that the birth of a child is a spiritually significant event--a mystical experience. There is a feeling of magic in the parent/child relationship that relies on intuition, total presence, and impulses that come from the soul. The acclaimed author of *The Call* shares his stories from the trenches, blessings from the day-in and day-out of child-rearing, and encourages us, with grace, wit and common sense, toward the kind of parenting that brings to the world creative, honest, enlightened, and independent kids..

de From the author of *The Call* comes an exquisite memoir on the mystical act of parenting. Although Spangler possesses numerous gifts as a writer and spiritual leader (he is a former coleader of Scotland's spiritual community Findhorn), his most meaningful life work has always taken place within the boundaries of marriage and parenthood (he is the father of four children). So it was only fitting that this self-described "freelance mystic" finally shed his wisdom and humor upon this sacred and mundane act. "We may think of mysticism as the dimension of complex issues of theology and spiritual cosmology, but it is really much simpler," explains Spangler. "It is, at heart, about learning how to recognize and work with the connectedness of the world, the wholeness of all things. Love is at its root, and love is equally at the root of what we do as parents. It is in the spirit of this common rootedness that the parent embodies the mystic and mystic the parent." In sharing his parenting challenges (such as staying present in the presence of a flailing, crying baby or trying to honor a daughter's yearning to become a racehorse jockey), Spangler has packaged a book so tender and profound that parents cannot help but be inspired to bring their highest and most joyful selves to every interaction of parenthood. --Gail Hudson

Pressestimmen "In this wonderful book...[Spangler] shows how, through the everyday challenges and joys of parenting, of creating and sustaining family, we are given the opportunity to participate in the deeper mystery: the incarnation and emergence of our children's spirits and personalities". -- The New Times (Seattle)