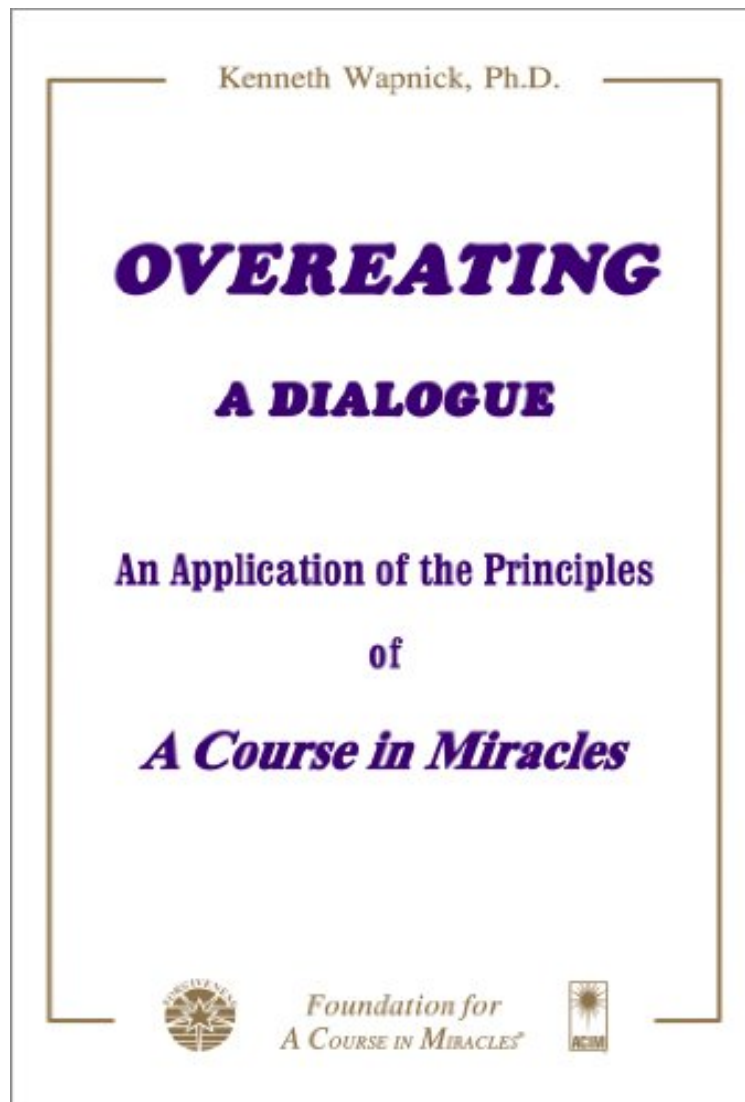


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Overeating: A Dialogue: An Application of the Principles of A Course in Miracles (English Edition)

Von Kenneth Wapnick
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KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Ego is

the cause Von Momo I knew it before, Underlying. Ken Wapnick made it a little bit clearer for me. Most we eat to feed our Ego. And eating often is a way to live in our form, a way to make our body real. This is a dialogue between Ken and some of his students. And it is very important to understand, what happens with us if we want so strongly chocolate, icecream or something like this. Its the same like shopping or smoking or other ways to satisfy our Ego. Conclusion: Absolutely recommendable.

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