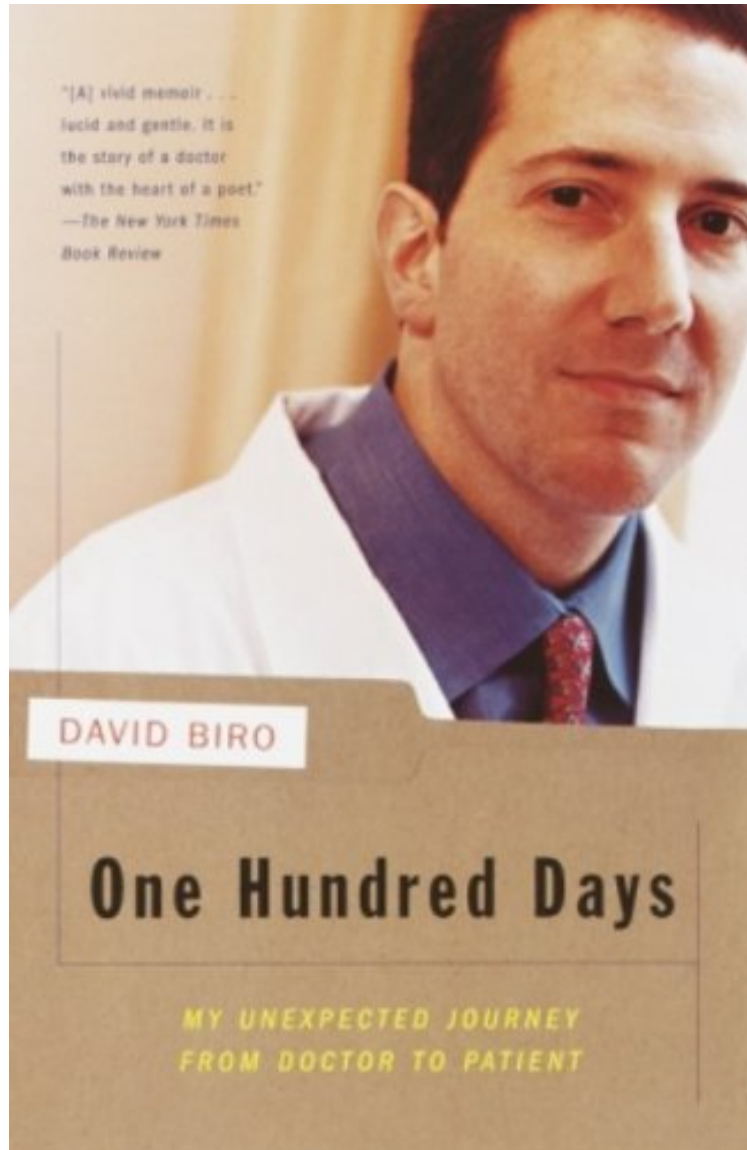


[Mobile ebook] One Hundred Days: My Unexpected Journey from Doctor to Patient

One Hundred Days: My Unexpected Journey from Doctor to Patient

Von David Biro

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Von David Biro : One Hundred Days: My Unexpected Journey from Doctor to Patient before purchasing it in order to gage whether or not it would be worth my time, and all praised One Hundred Days: My Unexpected Journey from Doctor to Patient:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. One Hundred Days by David BiroVon Ein KundeHaving witnessed my father undergo a Bone Marrow Transplant at Sloan Kettering (which he ultimately did not survive), I found David Biro's account of his own transplant to be a beautifully

written and honest medical and emotional treatment of the tremendous "highs" and "lows" that accompany this complicated and painstaking procedure. From a literary viewpoint, the book was exceptional. In particular, I thought that the transition from Biro's medical and emotional abyss to his recovery was very well-handled. When the author is at his low point and incapable of any rational thought, he drops his personal narrative and covers these precarious days with excerpts from both his parents' diaries. This was a very effective tool for capturing the fragile state of the patient and bringing the reader into the lives of the other family members. I also particularly enjoyed reading about the author's trip to the sperm bank (which is necessary because of the impending radiation treatments), which was handled both honestly and humorously (describing how his wife will be reassured that their "future offspring are peacefully resting at the bottom of a giant freezer."). Biro also has the ability to make complex medical information easily understandable to the average reader. At various times, Biro uses very effective analogies to convey these concepts to the reader. For instance, Biro effectively tells the reader how his sister's bone marrow cells, which are simply injected into his bloodstream, "know" how to enter his bone marrow (rather than some other part of his body). All in all, this is a highly compelling, emotional, well-written and philosophical account of a David Biro's experience.

0 von 0 Kunden fanden die folgende Rezension hilfreich. Fantastic book that I could not put down

Von Sebastian C-MI am the son of one of Dr. Biro's doctors. I never fully understood what my father did and what his patients went through. I now understand what it feels like to be at both sides of the medical spectrum; being a doctor and being a patient. I have heard many sad stories of patients dying prematurely and never understood what attracted someone to such a profession. David Biro is a true inspiration to all. Yes, he did suffer from the tough task of going through and then recovering from a bone marrow transplant. But those who will or know others who will go through the same treatment should really read this book. It offers a ray of light at the end of a truly scary and dark tunnel. His account of the whole experience is both touching and comical. His writing is excellent and amused seeing a picture of my father through someone else's eyes. This book was so entertaining, i finished it in 5 days. Not the smartest idea since I'm smack in the middle of finals. Please read this, you will not regret it.

0 von 0 Kunden fanden die folgende Rezension hilfreich. Stunningly accurate

Von Ein KundeI found this book in the parking garage of the Oncologist's office where I work as a Medical Technologist. It was a paperback advance copy. My first reaction was "Why in the world would someone here want to read such a book!" However, once I started it, I could see the hope offered in the account of David Biro's struggles with the horrors of PNH. Biro's account of the patient side of today's health care system was well written. I couldn't put it down. Being a Med. Tech., I was all too aware of the effects of chemotherapy treatments and the dire consequences of the disease. I was somewhat detached from his situation until I got closer to the end. I was moved to tears in several passages where he speaks of how all of this is affecting his wife, family and friends. I celebrate his survival as I participate in the marathon run in my area for the survivors of cancer and those who lost the fight. Congratulations, David and keep fighting!

KurzbeschreibungIt is a situation we all fear and none of us can imagine: a life-threatening diagnosis. But what if the person receiving the diagnosis--young, physically fit, poised for a bright future--is himself a doctor?At thirty-one David biro has just completed his residency and joined his father's successful dermatology practice. Struck with a rare blood disease that eventually necessitates a bone marrow transplant, Biro relates with honesty and courage the story of his most transforming journey. He is forthright about the advantages that his status as a physician may have afforded him; and yet no such advantage can protect him from the anxiety and doubt brought on by his debilitating therapies. The pressures that Biro's wild "one hundred days" brings to bear on his heretofore well-established identity as a caregiver are enormous--as is the power of this riveting story of survival.

From the Trade Paperback edition.

From BooklistBiro, son of a dermatologist, had just completed his residency in that specialty when blood appeared in his right eye. His various blood levels rapidly fell. Diagnostic attempts were unsuccessful, except for "proving" he didn't have paroxysmal nocturnal hemoglobinuria (PNH). But actually, he did have PNH, a rare disease that causes internal and external problems and can lead to death. Biro was, fortunately, a doctor, which undoubtedly helped him secure high levels of medical treatment and nursing care. He was also fortunate in his wife, a successful businesswoman with intense energy and a positive outlook, and in his strongly supportive family. His "journey" left him illuminatingly surprised by how indefinite medicine can be and how many different opinions can arise from the same medical information. The major question in his case became whether to have a bone marrow transplant, and much of the book deals with the arguments pro and con, the transplant itself, and the results. Despite the problems of the transplant and convalescence, Biro feels he was right to have it done

William BeattyFrom Kirkus sA young physicians candid account of his harrowing experiences as a patient with a life-threatening illness. In 1996, Biro, at 31, had just completed his residency and joined his father's Brooklyn dermatology practice when he was discovered to have paroxysmal nocturnal hemoglobinuria (PNH), a rare condition caused by a genetic mutation in bone marrow stem cells. His life, which he describes as having been filled with "too much good fortune," abruptly turned around. Being a doctor gave him certain advantages: the ability to research his condition, to find and be seen by specialists quickly, to

get test results more rapidly than most, to get a better hospital room. When his specialists disagreed about the best course of treatment, he was dismayed but fully understood his options, and when he opted for a bone marrow transplant, he did so knowledgeably. But medical knowledge can terrify, and he knew enough about his condition to be thoroughly frightened. Biro, who has a Ph.D. in literature from Oxford as well as an M.D. from Columbia, blends his fast-paced personal story with clear information about his particular medical condition and the therapeutic options. He lets the reader know a great deal about his close, occasionally overwhelming, and highly involved familyhis youngest sister provided the bone marrow for his transplantand their conflicts with his privacy-seeking wife, and he reveals his own fears, irritations, embarrassments, and disappointments. After radiation and chemotherapy, when he was too sick to write, excerpts from his parents' diaries carry the story forward. In his final chapter, written in 1998, Biro takes a much too brief look at the ways his ordeal has changed him, and especially changed his attitude toward patients. While there's no shortage of illness literature, a memoir by a person trained in both illness and literature is a welcome addition, especially when it openly explores as many aspects of the experience as this one. (Author tour) -- Copyright 1999, Kirkus Associates, LP. All rights reserved.