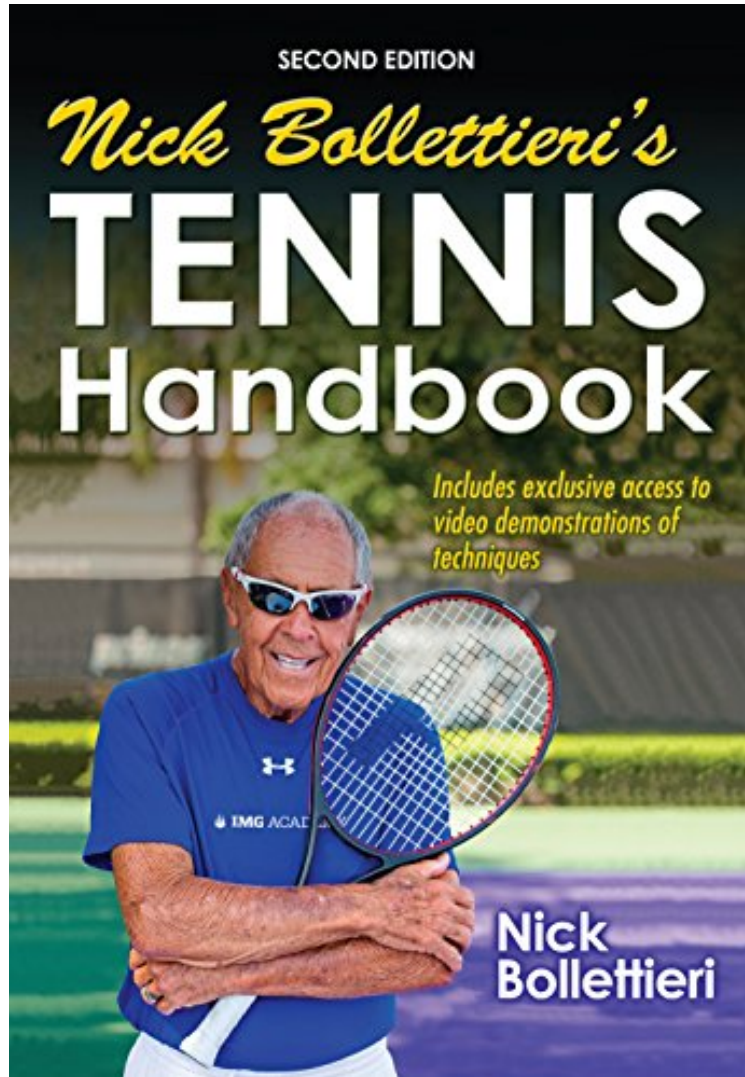


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## Nick Bollettieri's Tennis Handbook-2nd Edition (Enhanced Edition)

Von Nick Bollettieri

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**Von Nick Bollettieri : Nick Bollettieri's Tennis Handbook-2nd Edition (Enhanced Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Nick Bollettieri's Tennis Handbook-2nd Edition (Enhanced Edition):

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KurzbeschreibungLoaded with 43 videos, the enhanced edition of Nick Bollettieri's Tennis Handbook, Second Edition, is the most comprehensive guide to learning and teaching tennis from the sports most successful coach. Nick Bollettieri's training and development system is recognized around the world. He has developed or coached the games elite players, including Andre Agassi, Venus Williams, Serena Williams, Maria Sharapova, Jelena Jankovi, Jim Courier, Boris Becker, Martina Hingis, Marcelo Ros, Monica Seles, Kei Nishikori, Petra Kvitov, and Sabine Lisicki. Now he provides the same instruction on skills and tactics that has made his IMG Academy a destination for aspiring players from around the world. From serves and returns to volleys and lobs, every shot in the game is covered to give you the most dynamic offensive arsenal. You'll learn key strategic points that will help you identify your opponents tendencies and attack their weaknesses. Featuring 55 drills for singles and doubles play, the most effective conditioning exercises and programs for all styles of play, and the latest on equipment, technology, and mental training, Nick Bollettieri's Tennis Handbook offers a one-of-a-kind opportunity to train with a true master teacher and apply to your game the system that has helped produce some of the sports greatest players. The enhanced editions 30 instructional videos give you demonstrations of the most critical individual techniques such as forehand, backhand, volley, serve, and return. It also includes 13 videos of Bollettieri's insights about some of the tennis worlds biggest stars, making the book a must-have for dedicated players and coaches alike.

Pressestimmen "The best coaches are those who combine creative instruction with electric motivation. A coach must have the ability to teach basic facts and skills, as well as the capacity to inspire athletes to perform at their very best. This is what separates Nick Bollettieri from others. His passion for tennis is infectious. His determination to produce a champion's best is well documented." Dick Enberg, CBS Sports announcer "As usual, Nick has shown his comprehensive knowledge of tennis and the industry in Bollettieri's Tennis Handbook. If anyone has seen it all and done it all and has a right to say it all it's my friend and respected colleague, Nick Bollettieri." Tim Heckler, CEO of the USPTA "Nick has successfully coached male and female beginners, intermediates, wanna-be pros, great champions, and other tennis instructors. There's nothing left...get the book." Vic Braden, author and tennis professional "Nick is not just a coach, he's also a friend and someone you can talk to. As a coach he really knows what to tell a player so that the player will be able to take the next step to be on the top. Nick has personally helped me realize that I need the small things more than the large things." Serena Williams, professional tennis player

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