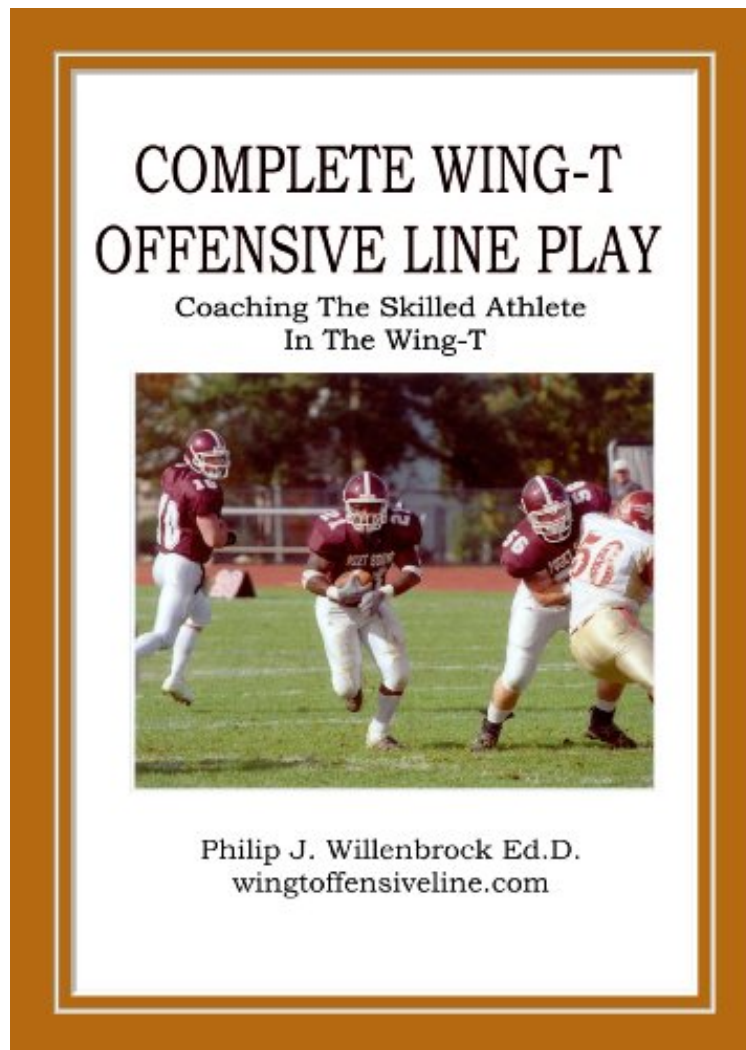


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## Complete Wing-T Offensive Line Play: Coaching The Skilled Athlete In The Wing-T (English Edition)

Von Philip Willenbrock

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**Von Philip Willenbrock : Complete Wing-T Offensive Line Play: Coaching The Skilled Athlete In The Wing-T (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Complete Wing-T Offensive Line Play: Coaching The Skilled Athlete In The Wing-T (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Graphics missingVon hurtonThe book covers every aspect about the O-Line play in the Wing-T, on the other hand, the graphix included just show the formation and no single drawing of any blocking assignment.This should and must be corrected

by the Author!!!!

Kurzbeschreibung You will find Complete Wing-T Offensive Line Play; Coaching the Skilled Athlete in the Wing-T, the most comprehensive book on wing-t offensive line play available anywhere. This resource is one that you and your staff will be able to reference as a standard system for coaching the offensive line. The book is divided into five main topics with detailed diagrams and coaching points, and can be used as an accompanying resource with the 6 dvd Complete Wing-T Offensive Line Play Instructional Series (101-106) found at [wingtoffensiveline.com](http://wingtoffensiveline.com). The Sections are: (A) Shoulder Skills and Routine (blocking fundamentals, stance, footwork), (B) Individual Blocks (on, fire, reach, gap, down, cover, backer, blocks in space), (C) Combination Blocks (gut, cross-block and log, lateral double team, vertical double team, inside scoop, outside scoop, and the sweep and waggle drill series), (D) Pass protection (play action, 3-step schemes, 5-step schemes, footwork and hand drills, pass set fundamentals, and more), and (E) Communication (rule blocking interpretation, drill organization, practice planning including 16 example outlines, personnel evaluation, defensive identification and line calls). The play and performance of the offensive line is perhaps the most important ingredient in an efficient offense. This unique group of athletes must be the most cohesive unit on the team, and one that recognizes and rejoices in team accomplishments rather than in individual glory. In the Wing-T offensive football scheme, the offensive lineman needs to be among the most proficient and most skilled member of the offensive unit. Many coaches have experienced success with the Wing-T offense. Its flexibility is endless with misdirection, power, counter, option, play action and drop back capabilities within the system; it is one that can easily be adapted to take advantage of the gifted players that each team may possess on a year to year basis. Regardless of where the gifted talent may lie from year to year, there is one area that can never have a down season; the offensive line. Linemen in the Wing-T must be multi-talented and develop a mastery of many aspects of successful line play. Iso schemes, power schemes, the ability to zone block, mobility to pull and log or trap, contrasting with the ability to be an effective pass blocker are among the skills which a lineman in the Wing-T offense must develop. The Wing-T offense is a system of football. As coaches, we find confidence in systems that are effective. For many years and at every level of football, the Wing-T offensive system has been one which has allowed many of us to find offensive success. In similar fashion, the way that the lineman is taught within the Wing-T system includes a clearly defined/ outlined system of drills and progressions used in teaching line play. While the system of Teaching Wing-T offensive line techniques is very structured and systematic for the Wing-T offense, the drills, skills, and coaching points taught are effective in any offensive scheme. The blocking techniques include sound principles of offensive line play, regardless of scheme and can be used with the I, option, zone or any other offensive philosophy.

Kurzbeschreibung You will find Complete Wing-T Offensive Line Play; Coaching the Skilled Athlete in the Wing-T, the most comprehensive book on wing-t offensive line play available anywhere. This resource is one that you and your staff will be able to reference as a standard system for coaching the offensive line. The book is divided into five main topics with detailed diagrams and coaching points, and can be used as an accompanying resource with the 6 dvd Complete Wing-T Offensive Line Play Instructional Series (101-106) found at [wingtoffensiveline.com](http://wingtoffensiveline.com). The Sections are: (A) Shoulder Skills and Routine (blocking fundamentals, stance, footwork), (B) Individual Blocks (on, fire, reach, gap, down, cover, backer, blocks in space), (C) Combination Blocks (gut, cross-block and log, lateral double team, vertical double team, inside scoop, outside scoop, and the sweep and waggle drill series), (D) Pass protection (play action, 3-step schemes, 5-step schemes, footwork and hand drills, pass set fundamentals, and more), and (E) Communication (rule blocking interpretation, drill organization, practice planning including 16 example outlines, personnel evaluation, defensive identification and line calls). The play and performance of the offensive line is perhaps the most important ingredient in an efficient offense. This unique group of athletes must be the most cohesive unit on the team, and one that recognizes and rejoices in team accomplishments rather than in individual glory. In the Wing-T offensive football scheme, the offensive lineman needs to be among the most proficient and most skilled member of the offensive unit. Many coaches have experienced success with the Wing-T offense. Its flexibility is endless with misdirection, power, counter, option, play action and drop back capabilities within the system; it is one that can easily be adapted to take advantage of the gifted players that each team may possess on a year to year basis. Regardless of where the gifted talent may lie from year to year, there is one area that can never have a down season; the offensive line. Linemen in the Wing-T must be multi-talented and develop a mastery of many aspects of successful line play. Iso schemes, power schemes, the ability to zone block, mobility to pull and log or trap, contrasting with the ability to be an effective pass blocker are among the skills which a lineman in the Wing-T offense must develop. The Wing-T offense is a system of football. As coaches, we find confidence in systems that are effective. For many years and at every level of football, the Wing-T offensive system has been one which has allowed many of us to find offensive success. In similar fashion, the way that the lineman is taught within the Wing-T system includes a clearly defined/ outlined system of drills and progressions used in teaching line play. While the system of Teaching Wing-T offensive line techniques is very structured and systematic for the Wing-T offense, the drills, skills, and coaching points taught are effective in any offensive scheme.

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