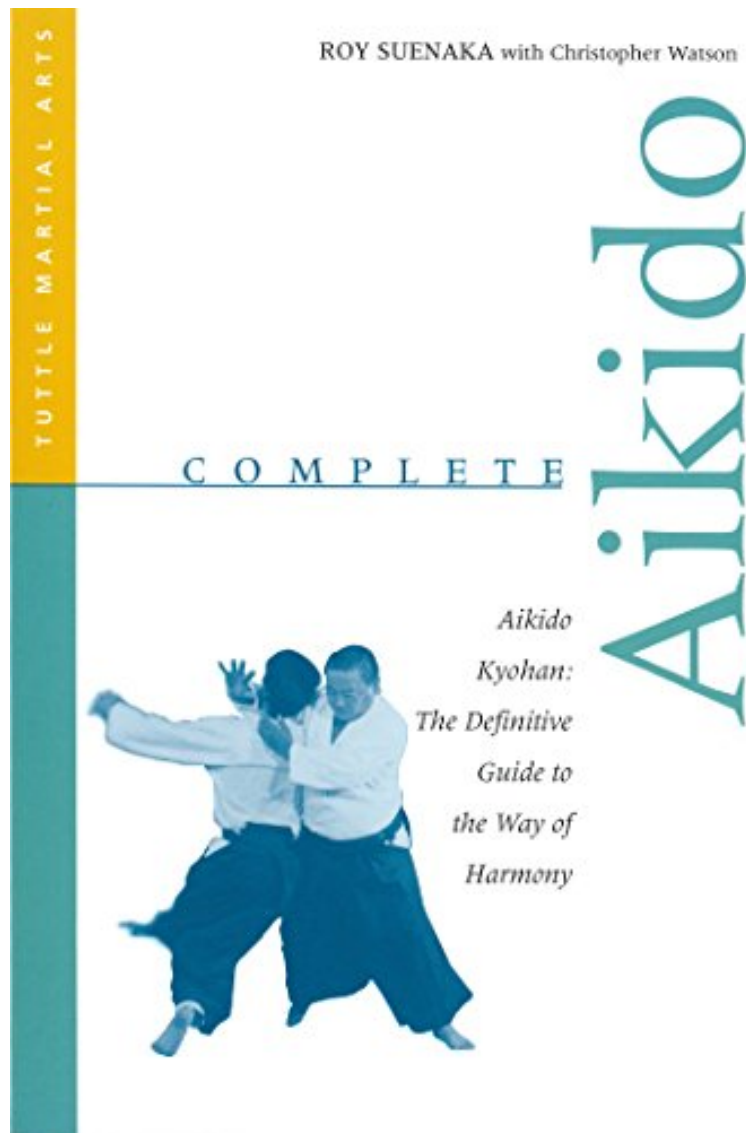


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Complete Aikido: Aikido Kyohan: The Definitive Guide to the Way of Harmony (Complete Martial Arts)

Von Roy Suenaka, Christopher Watson
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Von Roy Suenaka, Christopher Watson : Complete Aikido: Aikido Kyohan: The Definitive Guide to the Way of Harmony (Complete Martial Arts) before purchasing it in order to gage whether or not it would be worth my time, and all praised Complete Aikido: Aikido Kyohan: The Definitive Guide to the Way of Harmony (Complete Martial Arts):

KundenrezensionenHilfreichste Kundenrezensionen4 von 4 Kunden fanden die folgende Rezension hilfreich. Coverage of much of little known Aikido History + techniquesVon Brian CatesHaving read over 18 books on the subject of aikido, and training in Tenshin Bugei Aikido for the past year, I was pretty up to date on the various aikido techniques and basic history. However, one thing that always bothered me was seeing how split the Aikido world has become, and I often could not account for how a martial art that was supposed to spread peace and harmony could lead to aikido organizations and senseis who want nothing to do with each and who talk badly of one another. After reading Suenaka Sensei's book, I have a much better grasp of Aikido's history after the Founder's death. The best thing about the first half of the book, which is biographical info about Suenaka Sensei, is that it explains how the great schisms came about in the Aikido world following O-Sensei's death. It makes for eye-opening reading, and I think the subject is not well understood by most modern aikidoka, from comments I have heard. I recently discovered through an on-line chat with a member of one of Koichi Tohei Sensei's affiliated dojos that he still does not allow a picture of the founder of Aikido to be displayed in any school that he has authority over; they are only allowed to display his picture. This troubles me greatly, but after reading Suenaka Sensei's book and coming to understand the depth of the controversy, it makes more sense than it did when I first heard about this. It seemed incredible to me that a man who learned Aikido at O-Sensei's feet today will not allow a picture of the founder to be displayed in his dojos. One has to wonder who's picture will replace his when he dies. At any rate, the book casts light on much of Aikido's recent history;most aikido books only cover aikido up until O-Sensei's death. For this reason, it is a valuable learning tool. The techniques taught in the book are very effective, demonstrating that Suenaka Sensei believes that Aikido is both a spiritual endeavor and a practical combat art, instead of just one or the other, as many tend to want to believe these days. Very thought provoking book and I encourage you to read it.2 von 2 Kunden fanden die folgende Rezension hilfreich. A must read for any martial artistVon Ein KundeIf you look in any yellow pages or in any martial arts magazines, you will sadly see multitudes of "Shihan" (masters) who run martial arts schools or have training videos. A little investigation will reveal that there usually is no substance behind the rank, or the "World Champion" status that is proclaimed.Then there are real Shihan like Suenaka Sensei.This book, in addition to any written by John Stevens Sensei, provide not only factual background about Aikido, but are important guides to the spirit of humility that all of the arts are supposed to foster.The stories of his relationships with Aikido's founder, Ueshiba Sensei (known as O Sensei-great teacher-by Aikido practitioners), Tohei Sensei and the other great true Shihan who influenced his life are fascinating. We should all be so lucky.Equally important is the emphasis on Aikido's practicality in the street and in everyday life...the former of which is frequently questioned in the martial arts community.This book also is very honest about how childish, ridiculous and foolhardy politics are in the martial arts community. Those who allow themselves to be influenced by such nonsense should be ashamed. It is unfortunate that so many instructors bombard students with the precept that they should be humble, yet display such hypocrisy. Being humble with arrogance is not being humble at all.Any martial arts student who is dedicated to the spirit of his/her training will find this, and as mentioned any book by John Stevens Sensei, VERY refreshing.One great Aikido instructor under whom I had the privilege to train used to say "never take your 'student hat' off...you can learn from everyone". I am not a student of Suenaka Sensei or his "style" of Aikido, but there is a lot to learn from this book. Hopefully, the self-proclaimed champions and masters also can learn something from this.C.B. Phoenix, AZ0 von 0 Kunden fanden die folgende Rezension hilfreich. Excellent Writing, a Must ReadVon wishboneChristopher Watson creates a wonderful storyline of Suenaka Sensei's life. Anyone interested in the history of aikido and possibly one of the best martial artists alive should read this book. It is beautifully written and will capture your interest with every juicy story.

KurzbeschreibungMaster the techniques of aikido with this illustrated martial arts guide. Complete Aikido is the authoritative text on this enlightening martial art and self-defense system. This definitive aikido guide is packed with history and philosophy, and offers precise descriptions with over 400 photographs illustrating the correctand incorrectway to execute aikido techniques. In the almost thirty years since the death of aikido founder Morihei Ueshiba O'Sensei, his many students have spread his philosophy and vision across the world, including author Roy Suenaka.Complete Aikido provides insights into the three leading styles of this Japanese martial art: the original art developed by founder Morihei Ueshiba O'Sensei, the Shin-Shin Toitsu aikido of Koichi Tohei Sensei, and the Suenaka-ha Tetsugaku-ho aikido of Roy Suenaka Sensei. Both a fascinating martial biography and a comprehensive instructional manual, this aikido book is a must for all practitioners seeking the way of harmony.KurzbeschreibungMaster the techniques of aikido with this illustrated martial arts guide. Complete Aikido is the authoritative text on this enlightening martial art and self-defense system. This definitive aikido guide is packed with history and philosophy, and offers precise descriptions with over 400 photographs illustrating the correctand incorrectway to execute aikido techniques. In the almost thirty years since the death of aikido founder Morihei Ueshiba O'Sensei, his many students have spread his philosophy and vision across the world, including author Roy Suenaka.Complete Aikido provides insights into the three leading styles of this Japanese martial art: the original art

developed by founder Morihei Ueshiba O'Sensei, the Shin-Shin Toitsu aikido of Koichi Tohei Sensei, and the Suenaka-ha Tetsugaku-ho aikido of Roy Suenaka Sensei. Both a fascinating martial biography and a comprehensive instructional manual, this aikido book is a must for all practitioners seeking the way of harmony. Synopsis Details the life of aikido master Roy Suenaka and describes the philosophy and the techniques of this non-violent martial art.