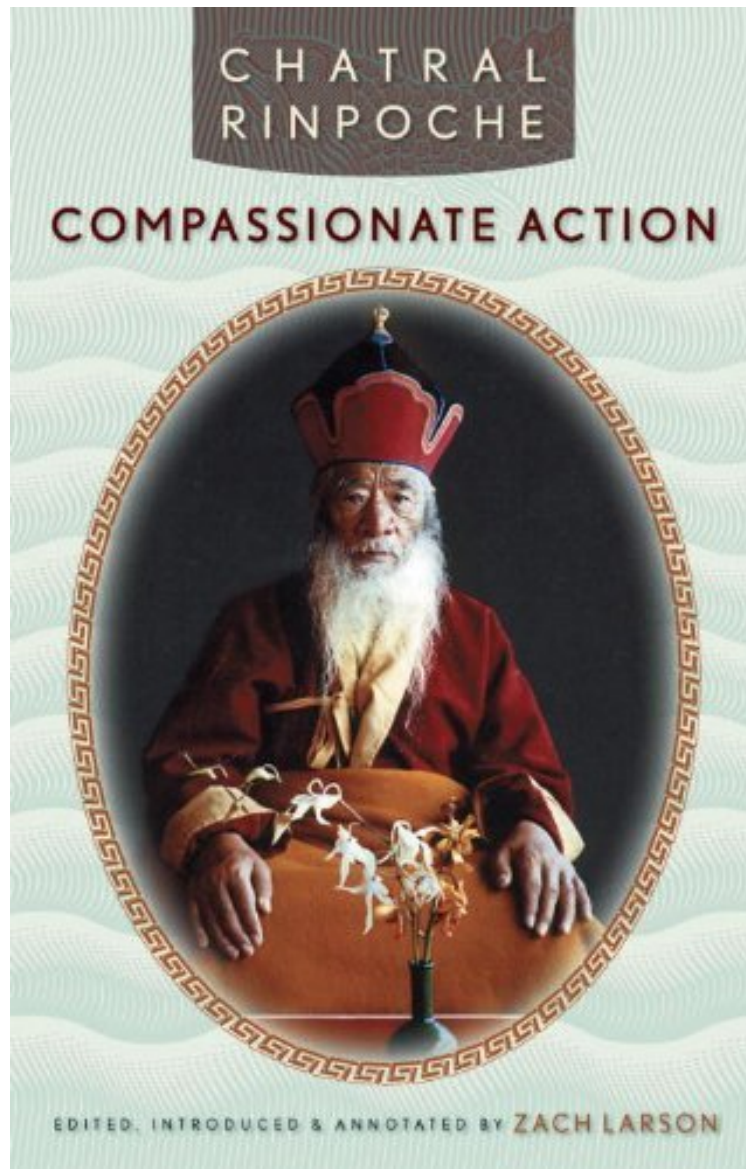


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Compassionate Action

Von Chatral Rinpoche
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KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. Sogyal Rinpoche endorsement of Compassionate ActionVon Zachary J. Larson"Kyabje Chatral Rinpoche studied under some of the greatest masters of the previous century, and ranks today as the senior-most teacher of the Dzogchen lineage. He

is renowned throughout the Tibetan community as a steadfast guardian of the Buddhist tradition and a highly accomplished, legendary adept, who--like the great sages and hermits of the past--has spent much of his life in retreat, practicing meditation and granting teachings only sparingly to a few committed disciples."It is truly wonderful therefore that we now have this precious collection of his teachings and advice capably translated into English, enabling many more people to benefit from his boundless wisdom and compassion. Here, in these poetic writings and recorded interviews, Rinpoche imparts his instructions in a forthright and elegant style and reveals his deep commitment to Buddhist ethics, his dedication to non-violence and preserving life, and above all, his total dedication to the authentic teachings of Lord Buddha and Guru Padmasambhava."--Sogyal Rinpoche, author of *The Tibetan Book of Living and Dying*.

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Von KalyanaMitra
the author relates to us how rinpoche releases large amounts of fish from the calcutta fish markets every year and travels on foot, acts, speaks, meditates for the benefit of all living beings. this is particularly interesting for me because he takes the vow of not-killing most earnestly, advocating vegetarianism in his teachings and writings. in the second chapter he states: "If you take meat, it goes against the vows one takes in seeking refuge in the Buddha, Dharma and Sangha. Because when you take meat you have to take a being's life. So I gave it up." and in chapter 3: 'Meat, the sinful food, is not permitted according to the three vows: the vows of individual liberation, the Bodhisattva vows and the tantric vows. Thus Buddha stated: 'I have never approved, do not approve, and will never approve of a meat diet.' He declared: 'my followers must never eat meat.' ... fair enough.
you will also find pictures of his life in the book. there are also prayers in this book, most helpful and practical prayers. so if you are interested in what is chd, dzogchen, tantra and vajrayana, get this book, read it and pass it on to someone dear. i think of chatral rinpoche as a real down-to-earth friend who inspires me every time i think of him. he has two daughters and a wife... now in his mid-90s, he is the holder of several lineages of tibetan buddhism. he floats in continual awareness in nepal now.

Kurzbeschreibung Chatral Rinpoche, the quintessential "hidden yogi," has been a legend in the Himalayan region for the past seventy years. Although he has never traveled to the West, his amazing story and teachings have gradually been infiltrating the Western Buddhist consciousness since Father Thomas Merton first met him in 1968 and famously remarked that he was "the greatest man I ever met." This is the first English-language book of this living legend; it includes his biography and autobiography, six of his essays, five prayers he composed, an exclusive interview, and sixteen pages of photos from throughout his life.

Pressestimmen "Kyabje Chatral Rinpoche . . . is renowned throughout the Tibetan community, . . . a legendary adept who like the great sages and hermits of the past has spent much of his life in retreat, practicing meditation and granting teachings only sparingly to a few committed disciples. It is truly wonderful, therefore, that we now have this precious collection of his teachings and advice capably translated into English, enabling many more people to benefit from his boundless wisdom and compassion." Sogyal Rinpoche, author of *The Tibetan Book of Living and Dying* "This little book is an inspiration of immense value to all serious practitioners of the Buddhadharma." *The Mirror Newspaper*, published by the International Dzogchen Community of Chgyal Namkhai Norbu "Provides wonderful insight into the diversity of the Tibetan Buddhist tradition." *The Feminist* "Compassionate Action is a jewel. Chatral Rinpoche's teachings are clear, compassionate, and uncompromising. Compassionate Action is essential reading for Tibetan Buddhists and indeed for Buddhists of all schools." Norm Phelps, author of *The Great Compassion: Buddhism and Animal Rights* "Compassionate Action is a 'must-read' for anyone seeking to learn from this quintessential wise and holy man. . . . Highly recommended." *Wisconsin Bookwatch* "This book provides a series of inspiring insights into the beliefs of someone who has devoted more than eight decades to the intensive practice of Dharma and who has little time for the many ways in which people fool themselves while at the same time caring passionately about their development towards an enlightened state." *Thar Lam*

journal **Kurzbeschreibung** Chatral Rinpoche, the quintessential "hidden yogi," has been a legend in the Himalayan region for the past seventy years. Although he has never traveled to the West, his amazing story and teachings have gradually been infiltrating the Western Buddhist consciousness since Father Thomas Merton first met him in 1968 and famously remarked that he was "the greatest man I ever met." This is the first English-language book of this living legend; it includes his biography and autobiography, six of his essays, five prayers he composed, an exclusive interview, and sixteen pages of photos from throughout his life.