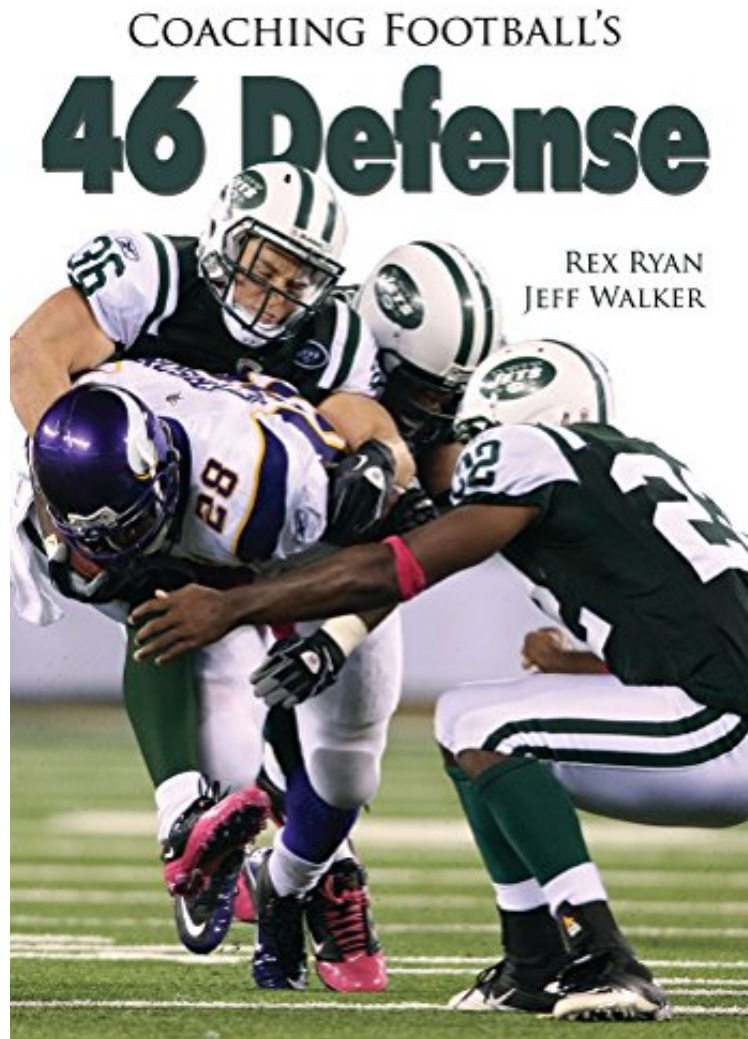


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Coaching Football's 46 Defense (English Edition)

Von Rex Ryan, Jeff Walker

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Von Rex Ryan, Jeff Walker : Coaching Football's 46 Defense (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Coaching Football's 46 Defense (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich.

Excellent, has many coaching points for all players and coacVon arglistas@yahoo.comBeing an aggressive coach and one time player who played this defense in college, I can now grasp the total concept of the 46 defense. Although I already knew alot about the defense, this book allows someone to totally understand every part of the defense from coverage, to blitz's. The most important part of this book is chapter 9. This chapter is about the different coverages that one can use to confuse a quarterback, better yet an entire offense.I believe this is a good tool for learning especially on

the highschool and college levels.0 von 0 Kunden fanden die folgende Rezension hilfreich. Finally...someone got a clue!Von Ein KundeI have been waiting for a book like this ever since the inception of the 46 defense. There have been other books which discuss the subject but never one book devoted entirely to it. It is easy to read and useful for both casual onlookers of the game and serious readers. The terminology is clear and the author provides a detailed and insightful look at this defensive scheme. This is a definite buy for those who want to learn what a real NFL defense is supposed to look like!

KurzbeschreibungAn incredible resource on what has been called the most dominating defensive scheme in the history of the NFL. Covers 46 pressure philosophy, characteristics of the 46 Bear defense, principles of defensive line play, defensive line play versus the run, pass rush techniques, linebacker and strong safety play, defending the option, 46 stunts and blitzes, and more.KurzbeschreibungAn incredible resource on what has been called the most dominating defensive scheme in the history of the NFL. Covers 46 pressure philosophy, characteristics of the 46 Bear defense, principles of defensive line play, defensive line play versus the run, pass rush techniques, linebacker and strong safety play, defending the option, 46 stunts and blitzes, and more.