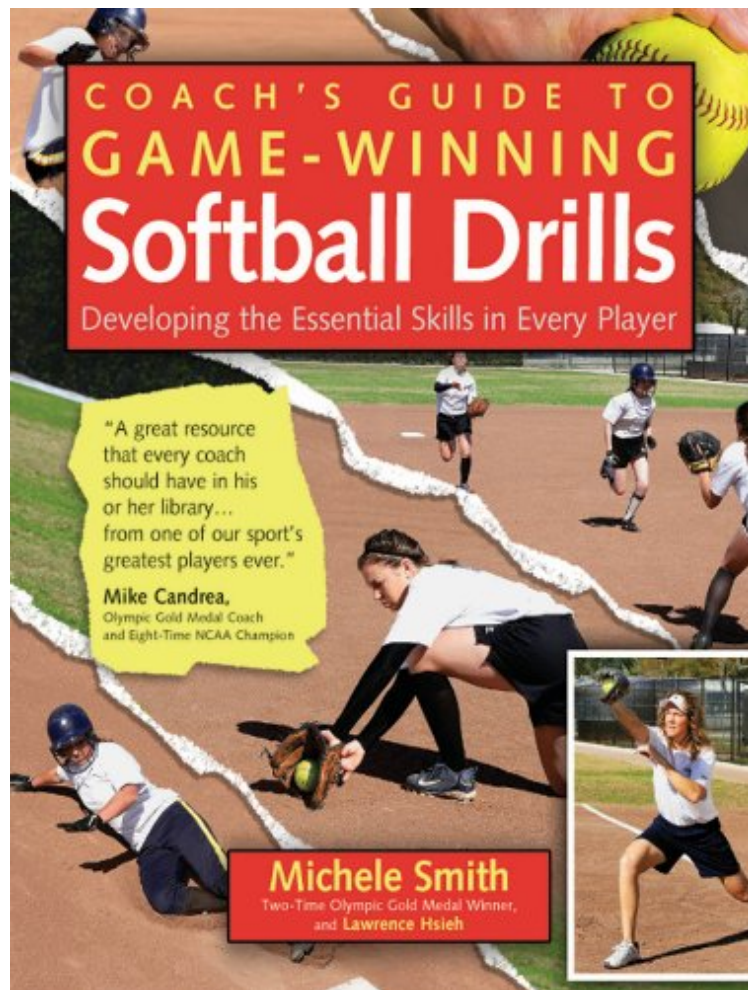


[Ebook pdf] Coach's Guide to Game-Winning Softball Drills: Developing the Essential Skills in Every Player (International Marine-RMP)

Coach's Guide to Game-Winning Softball Drills: Developing the Essential Skills in Every Player (International Marine-RMP)

Von Michele Smith, Lawrence Hsieh

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Von Michele Smith, Lawrence Hsieh : Coach's Guide to Game-Winning Softball Drills: Developing the Essential Skills in Every Player (International Marine-RMP) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Coach's Guide to Game-Winning Softball Drills: Developing the Essential Skills in Every Player (International Marine-RMP):

Kundenrezensionen Hilfreichste Kundenrezensionen 2 von 2 Kunden fanden die folgende Rezension hilfreich. Softball Lehrbuch Von Mad Mike Dieses Buch ist ein Lehrbuch für Softball. Hier werden die einzelnen Positionen sehr gut beschrieben. Zu der richtigen Technik gibt es zu jeder Position auch die zugehörigen Drills um die Technik richtig zu erlernen. Für Anfänger ebenso geeignet als für Fortgeschrittene oder Coaches. Anfänger müssen sich anfangs vielleicht

noch mit unbekanntem Ausdruck beschäftigen und tun sich mit den Beschreibungen natürlich nicht so leicht wie Fortgeschrittene. Ich selbst spiele seit mehr als 25 Jahren Baseball und Softball und coache nun eine neu gegründete Softball Mannschaft. Als Coach kann ich so einiges aus dem Buch übernehmen und mit meinen Erfahrungen ergänzen.

Kurzbeschreibung Mastering these drills will arm your players with one of the biggest intangibles necessary to perform well--confidence.--Michele Smith Two-time Olympic gold medalist and Hall of Fame pitcher Michele Smith throws one right down the middle with this big collection of more than 250 skill-building drills developed especially for coaches of fast-pitch recreation league, travel ball, and high school softball players, ages eight to eighteen. Straight from the Michele Smith Gold Camps and Clinics, these drills are designed to give you all the tools you need to teach the entire range of offensive and defensive softball skills. With Michele's expert guidance and instruction, you'll coach your players to: Master the mechanics of footwork for fielding with hustle Swing for the fences and hit the fastest pitches Catch the ball proactively and throw it quickly and accurately to its target Defend the infield and outfield with speed and confidence Run the bases swiftly and strategically Refine fast-pitch skills so they can windmill like Michele And much more Kurzbeschreibung Mastering these drills will arm your players with one of the biggest intangibles necessary to perform well--confidence.--Michele Smith Two-time Olympic gold medalist and Hall of Fame pitcher Michele Smith throws one right down the middle with this big collection of more than 250 skill-building drills developed especially for coaches of fast-pitch recreation league, travel ball, and high school softball players, ages eight to eighteen. Straight from the Michele Smith Gold Camps and Clinics, these drills are designed to give you all the tools you need to teach the entire range of offensive and defensive softball skills. With Michele's expert guidance and instruction, you'll coach your players to: Master the mechanics of footwork for fielding with hustle Swing for the fences and hit the fastest pitches Catch the ball proactively and throw it quickly and accurately to its target Defend the infield and outfield with speed and confidence Run the bases swiftly and strategically Refine fast-pitch skills so they can windmill like Michele And much more Synopsis This is a big collection of fast-pitch softball drills from one of the game's biggest stars, two-time Olympic Gold medalist and Hall-of-Famer Michele Smith. Softball might look like baseball, but it's a whole different ballgame, and this "Coach's Guide to Game-Winning Softball Drills" gives you all the basics you need to teach it well. Straight from one of the world's top softball stars, these 200 drills cover hitting, pitching, fielding, and base running to provide a wealth of skill-building activities for youth-league and high-school level coaches.