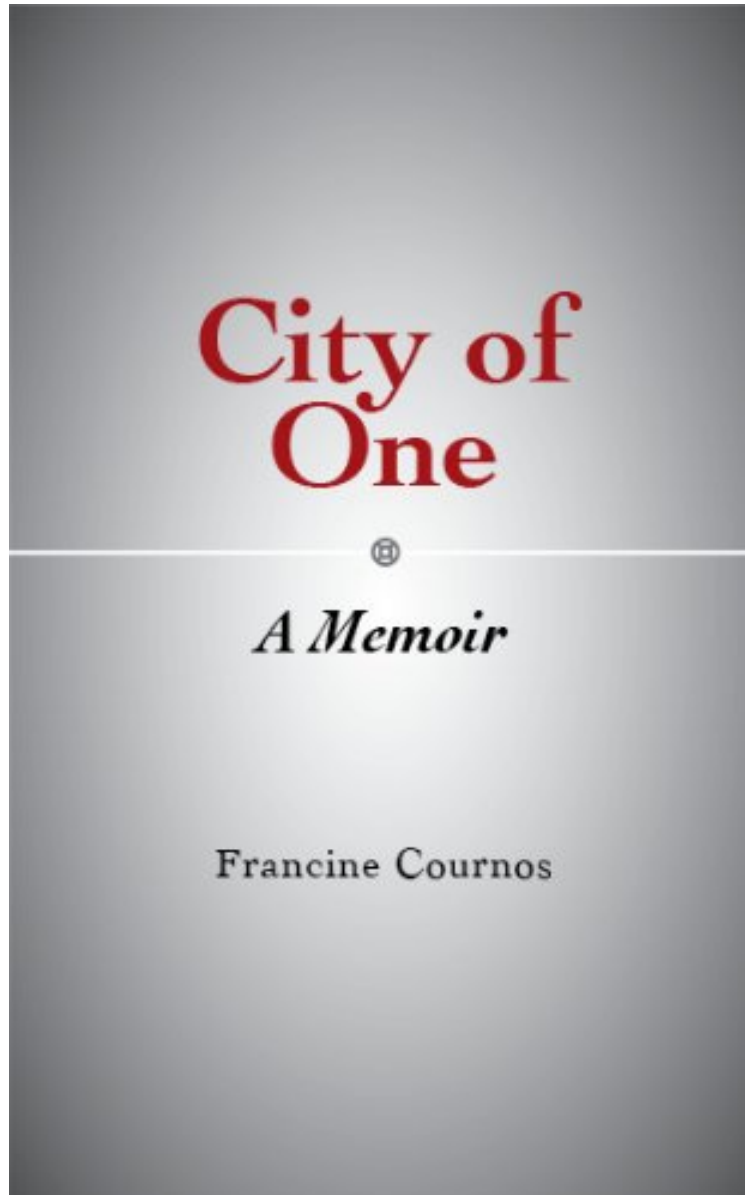


[Free and download] City of One: A Memoir (English Edition)

City of One: A Memoir (English Edition)

Von Francine Cournos
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Von Francine Cournos : City of One: A Memoir (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised City of One: A Memoir (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. This book helped me,as a foster child, understand so much.Von E. CoffinI am not only a reader of this book, but the author's "foster" sister. This book helps to show how five different children brought together by different

circumstances, yet raised as siblings, will develop so differently. The way the passages went from explaining why she felt the way she did as a child, when she later understood much more as an adult was deeply moving. She was able to do so much to help others yet unable to help her own circumstances. I feel this book is very important to those who have been lost and feel there is no end in sight. People still take children's loss and have trouble dealing and understanding it. To help a child, to nurture and make that child feel loved and special is every person's job. I am a very poor reader, but found this book riveting and was unable to put it down, until I completed it. The book was written so the reading was easy and the words flowed. This book is for adults and children both. It shows when you allow yourself to feel worthy of love and open enough to share even your horrors with one person, only then you can start to heal. I lived with and loved her yet never knew what was going on in the mind of my sister, how sad. How sad it must have been in "A City of One". 0 von 0 Kunden fanden die folgende Rezension hilfreich. Dr. Cournos' memoir gives voice to the effects of early loss. Von Rebecca Meredith As a writer, and as someone whose own experiences of childhood loss and its aftereffects closely parallel those of Dr. Cournos, I found City of One both deeply moving and comforting. We who have the hole where the loving parent should be, we who deal with the myth and the anger and the quest for wholeness, understand every word. Not only does Dr. Cournos evoke the pain of the loss, but her honesty and her search for the strengths that can come from a tragic early life goes beyond judgment and pathology. It goes to the things that define our lifelong sense of who we are. I highly recommend this memoir to anyone who wants to understand or who struggles with these issues. 0 von 0 Kunden fanden die folgende Rezension hilfreich. Excellent knowledge of Foster Care system and loss of family. Von Ladyshane@MSN.com As a psychiatric social worker this book gives an excellent perspective on the foster care system, how we would know it and what it has become. In addition the book Dr. Cournos writes sheds an enormous light on the alienation of family and the reasons that alienation might occur. It is a sad tale with a shining light ending. As a mother who has almost lost a child to cancer, this book has inspired me to look ahead and consider all the possibilities, as Dr. Cournos has. It is a book that all should read.

Kurzbeschreibung When Cournos was three, her father died suddenly, leaving her pregnant mother with three children to support. In this riveting, sharply etched study of a child in distress, the author, who is now in her late forties and a professor of clinical psychiatry, recalls how a childhood marked by family tragedy led to years of depression and the feeling that adults could not be trusted. After her mother was diagnosed with breast cancer, Cournos struggled to make herself into an adult by taking care of her younger sister and doing the housework, in hope that being good would save her mother's life. Upon her mother's death when Cournos was 11, the author and her sister went into foster care because her uncles and aunts refused to take them in. Cournos's prose captures her sense of abandonment and her ensuing emotional withdrawal. Despite many failed relationships with men, sexual passion allowed her to begin to feel again. A desire to understand her mother's death led Cournos to study medicine, during which time she began psychoanalysis, which provided her with the self-awareness she needed. Having overcome several setbacks, including a major depression, before becoming a happily married mother, Cournos is perceptive and convincing about the mark these experiences left on her. From Publishers Weekly When Cournos was three, her father died suddenly, leaving her pregnant mother with three children to support. In this riveting, sharply etched study of a child in distress, the author, who is now in her late forties and a professor of clinical psychiatry, recalls how a childhood marked by family tragedy led to years of depression and the feeling that adults could not be trusted. After her mother was diagnosed with breast cancer, Cournos struggled to make herself into an adult by taking care of her younger sister and doing the housework, in hope that being good would save her mother's life. Upon her mother's death when Cournos was 11, the author and her sister went into foster care because her uncles and aunts refused to take them in. Cournos's prose captures her sense of abandonment and her ensuing emotional withdrawal. Despite many failed relationships with men, sexual passion allowed her to begin to feel again. A desire to understand her mother's death led Cournos to study medicine, during which time she began psychoanalysis, which provided her with the self-awareness she needed. Having overcome several setbacks, including a major depression, before becoming a happily married mother, Cournos is perceptive and convincing about the mark these experiences left on her. Agent, Richard Balkin. Copyright 1999 Reed Business Information, Inc. From Booklist Francine's early childhood was full of fun adventures and happy memories. For even though Francine's father had passed away when Francine was three, her mother made sure her children knew joy. And then, tragically, Francine's mother lost her fight with cancer. Francine and her younger sister lived a short time with their grandmother until she became too feeble to care for them. It was then that, despite numerous aunts and uncles, the children were declared orphans and placed in foster homes. By burying the raw emotions deep within her, Francine stubbornly survived and even excelled, eventually becoming a doctor of psychiatry. The emotions she had buried surfaced later--City of One is the chronicle of her journey of healing. Although Cournos could publicly have ostracized the extended family that rejected her, the tone is that of acceptance and rejoicing in the knowledge that her daughter will never know that treacherous pain of rejection. From tragic to inspirational, City of One is an impressive

lesson in one woman's ability to endure. Toni Hyde